



Join A Hope Group!

Men's Group- Saturdays 8:00 am in Nampa

Wings Group- Mondays 6:00 pm- Boise

Rasmussen Group- Mondays 6:45 pm in Nampa

Fred's Group- Sundays 9:00 am at True Hope Nampa

Tom Rasmussen Group- Mondays 7:00 pm in South East Boise

Elisha & Ashley Coon's Group: Mondays in Nampa

Young Adults Group: Saturday Nights at 7:00pm for more information contact Tristan at TristanKrake77@gmail.com

For more information about Hope Groups please contact Tom Rasmussen at Tom@jesusistruehope.com or mark Hope Groups on your connect card.

TRUEHOPE
CHURCH

NAMPA CAMPUS
1417 3rd St. South, Nampa, ID 83651
truehopenampa.com

(208)595-5587



At True Hope Church we are:

- a multiplying community
- transformed by the Gospel
- devoted to God's word
- committed in community
- relentless in prayer

until our families, neighbors, city and world know that

Jesus is True Hope

Sunday Mornings

Worship Service 10:30am

Looking to Belong and Join the Mission

- Fill out a Connect Or Next Steps Card
- Join a Hope Group- list of groups on the back of the bulletin



Online Connect Card: How can we be praying for you? How can we help you connect? Would you take a minute and use this QR code and complete an online connect card?

True Hope Youth: Tuesdays from 6:30-8:15pm 6th-12th grades . For questions or more information contact Brandon@jesusistruehope.com

Weekly Email: If you would like to receive our weekly email please write your email on a connect card and turn it in to the offering box.

Save The Dates: Youth Camp June 17-21 McCall
Family Camp August 1-3 Idaho City Write "Camp" on your connect card for more information

Giving: You help bring hope to our community and world by your giving. Here are ways to give to the mission here at True Hope:

- Check/Cash in the offering box located by the double doors
- Give online at truehopenampa.com
- Give through the Church Center App
- Set up bill pay through your bank



May 19, 2024 | Sasha Rasmussen | Lead Pastor

Home Improvement: The 5 Load Bearing Walls of Marriage

Bottom Line: God has created the weight of marriage to rest upon the 5 load bearing walls of joy, commitment, self-sacrifice, communication, and forgiveness.

Main Take-away: The more I rest on God's principles for a healthy marriage, the more my marriage will be stable.

Passage/s: Genesis 2:23-25, Proverbs 5:18-19, Matthew 19:1-12, Ephesians 5:22-33, Song of Solomon 8:6-7, Ephesians 4:31-32

- Joy - Genesis 2:23, Proverbs 5:18, Proverbs 31:30
- Commitment/Faithfulness - Genesis 2:24, Matt 19:1-12, Song of Sol 8:6-7
- Self-Sacrifice - Ephesians 5:22, 25
- Communication - Ephesians 5:26
- Forgiveness - Ephesians 4:31-32